

Getting the Most from Your RightMed[®] Pharmacogenomic (PGx) Test

Like any laboratory test – your RightMed PGx test results are best interpreted by your healthcare provider or pharmacist. Your healthcare provider or pharmacist can assess your results to help you decide which medications are most likely to work for you.

Please don't make any changes to your medications without talking to your provider first.

Discussing Your Results with Your Provider

- ① When you schedule your appointment, let your provider know that you'd like to review your RightMed test results. They'll appreciate the heads up!
- ② If you have a secure method of communication, such as a member app or website, consider sharing your results ahead of your appointment.
- ③ Please also share this flyer with your provider, which includes instructions on how they can gain access to more detailed results.
- ④ Be prepared to talk about how you're feeling and how you believe your current medications are working for you. Your provider may suggest changes in dosages or medications based on your discussion and test results.



Benefits of the RightMed test

The RightMed test has the potential to help:



Reduce medication trial and error.



Reduce medication related side effects.



Save you time and money.



Provide years of informed medication decisions.

Your patient has taken a RightMed® Pharmacogenomics (PGx) test.

We provide resources to help you learn about pharmacogenomics to support informed prescribing decisions for you and your patients.

Blue Cross Personalized MedicineSM

- Blue Care Network is working with OneOme®, an independent precision medicine company co-founded by Mayo Clinic, to bring you Blue Cross Personalized Medicine.
- This genetic testing program provides eligible members a RightMed test at no cost to them.
- The RightMed test is a pharmacogenomic, also known as PGx, test that shows how your patient may respond to certain medications.
- BCN members are invited to the program based on their medications and likelihood of benefitting from a RightMed test.

Pharmacogenomics Defined

- Pharmacogenomics, is a branch of precision medicine that looks at how genetic variants in DNA can affect how a patient may respond to medications.
- Specific gene variants influence the rate of metabolic liver enzymes, potentially impacting the medication's effectiveness.
- The RightMed test uses the patient's DNA to provide insight into how they may respond to certain medications based on their unique genetic makeup and guidelines established by the U.S. Food and Drug Administration, National Comprehensive Cancer Network and the Clinical Pharmacogenomics Implementation Consortium.
- This information can help you in prescribing medications that may potentially reduce the likelihood of side effects or repeat office visits for your patients. This contributes to improve efficacy, patient safety and patient experience.

Additional Resources

- You can learn more about PGx at oneome.com/education
- Our staff clinicians are happy to discuss results or schedule a webinar for your whole team.
Contact OneOme at 1-844-663-6635 or support@MyRightMed.com
- Please **create an account at MyRightMed.com/BCBSM-providers** to view your patients' test results, including clinical action plans, and to see a list of your other patients who are eligible for the program.

OneOme is an independent company supporting Blue Cross Blue Shield of Michigan and Blue Care Network by providing services related to genetic testing. Blue Care Network is a nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association.

